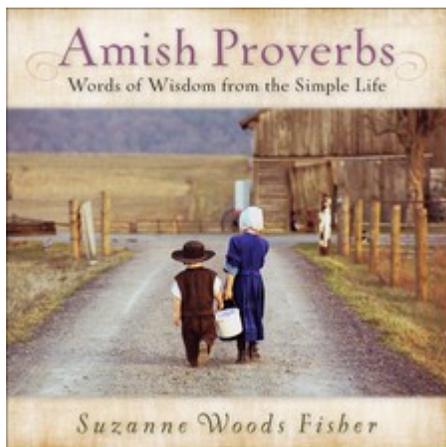




FOR IMMEDIATE RELEASE

Contact: Carmen Sechrist, Publicist  
(616) 676-9185 ext. 317  
csechrist@BakerPublishingGroup.com

***Simplify Your Life with Amish Wisdom***  
*Insights into the Amish lifestyle of peace, simplicity and contentment*



***Amish Proverbs: Words of Wisdom from the Simple Life***  
by **Suzanne Woods Fisher**  
ISBN: 978-0-8007-1953-1  
Available August 2010; \$13.99

Spend enough time with the Amish, as author **Suzanne Woods Fisher** has, and you'll hear them repeat a catchy turn of phrase or short words of wisdom, like "Good character like good soup is usually homemade," or "Adopt the pace of nature; her secret is patience." Suspended in these phrases are age-old lessons about how to live. Reiterated day after day, the proverbs are learned by heart and help guide the lives and actions of the Amish, reminding them of what's truly important.

Fisher has spent a great deal of time with the Amish and has collected more than 200 proverbs that uncover the rich heritage, folklore, faith, values, history, and essence of the Plain People, which she shares in her new book ***Amish Proverbs***.

These proverbs cover all aspects of life, from finances to faith to family, as well as overcoming life's frustrations. Serving as teaching tools and maxims for practical living, they're not just for the Amish. Proverbs help point us all toward wisdom and truth for everyday circumstances.

Some of the proverbs that readers will find in ***Amish Proverbs*** include:

- *"It is better to give others a piece of your heart than a piece of your mind."*
- *"You are only poor when you want more than you have."*
- *"A child can read a parent's character before he can read the alphabet."*
- *"Bibles that are coming apart usually belong to people who are not."*
- *"Those who fear the future are likely to fumble the present."*
- *"Kissing wears out, cooking don't."*
- *"If you sense your faith is unraveling, go back to where you dropped the thread of obedience."*
- *"You only live once, but if you work it right, once is enough."*
- *"A smile is a curve that can straighten out a lot of things."*

Ranging from the simple to the profound, from the serious to the humorous, these sayings will stick with readers through life's joys and sorrows and bring some of the Amish wisdom to everyday life.

With beautiful full-color photos throughout, ***Amish Proverbs*** is the perfect gift for any occasion.



**Suzanne Woods Fisher** is the CBA bestselling author of *The Choice*, *The Waiting*, *Amish Peace*, and *Amish Proverbs*. Her interest in the Anabaptist cultures can be directly traced to her grandfather, W. D. Benedict, who was raised in the Old Order German Baptist Brethren Church in Franklin County, Pennsylvania. Benedict eventually became publisher of *Christianity Today* magazine. Suzanne is the host of a radio show called Amish Wisdom and her work has appeared in many magazines. She lives in California.

**Revell**, a division of Baker Publishing Group, offers practical books that bring the Christian faith to everyday life. They publish resources from a variety of well-known brands and authors, including their partnership with MOPS (Mothers of Preschoolers) and Hungry Planet.

###

*For an interview with the author or to get more information about this new book, please contact Carmen Sechrist at (616) 676-9185 x 317 or [csechrist@BakerPublishingGroup.com](mailto:csechrist@BakerPublishingGroup.com)*

**For more information, visit [www.RevellBooks.com](http://www.RevellBooks.com).**